

# Your Comfort Solution

Volume 6 Issue 2

Ideas To Improve Your Home Life

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**DuAll**  
Heating & Cooling  
[www.DuAllHeating.com](http://www.DuAllHeating.com)



## On the Outside

### What's Lurking in the Dark...

Outdoor lighting can provide valuable protection for the homeowner against break-ins and can increase safety, while accenting the landscape. Lights can eliminate dark spots and shadows around your home, reducing hiding places for intruders. Outdoor lights can be used to illuminate the exterior walls of the whole house or just a few vulnerable areas.

Like any energy-driven product, there are multiple thoughts and costs to consider. Maybe you'll want them installed professionally or you might try a do-it-yourself installation. Then there is wiring costs, along with what kind of fixtures and bulbs to choose. For the greatest security, the external lights should have break-proof lenses, strong mountings, hidden wiring, and tamper alarms. Another important consideration is how this will impact your electric bill.

To increase security while reducing energy use, your best bet is a combination of energy-efficient light bulbs with motion sensors that turn them on only when needed.

High-pressure sodium lights provide the most for the least. More light can be generated from one 35-watt high-pressure sodium bulb than from five standard 40-watt incandescent bulbs.

Infrared motion detectors turn on lights when any motion is detected in the monitoring area. They are programmed to react to the body heat of humans and, therefore, will not be triggered by animals passing in the night. Infrared motion detectors sense motion up to 70 feet away. They should be installed above the ground in a tree or near the roof to cover a broader area.

## My Word

It has always been said not to talk about politics or religion with customers (or family, for that matter!) But I do have to at least mention Barack Obama's nomination. Like him or not, we are seeing history unfold right before our eyes. It looks



like November is going to be just as interesting as four years ago. We watched the opening ceremony of the Beijing Olympics along with millions of others and were very impressed, and surprised the very next day to find out that many of the things we had just seen the night before were the result of computer graphics. Oh, well. I'm pretty sure Michael Phelps achievements will be remembered more than the CGI scandal. 8 Gold medals!!! That's insane. Some of the other events that stood out for us were: the women sweeping gold, silver and bronze in fencing, men sweeping the 400m hurdles, the ladies of Beach Volleyball winning (so dominantly) gold in back to back Olympics, Men's Basketball team bringing the gold back to the USA. Congratulations to all the athletes that competed.

Back on a *Home Comfort* note, we have been approached by more than just a few of our customers about their concerns of spending on maintenance of their furnace and humidifier when money is getting tighter. We feel it is even more important than ever to maintain your equipment so you do not have large repair bills surprising you in the middle of the

season, or even requiring a furnace replacement. Letting a humidifier go without service can do a lot of damage to your furnace, also. If you can service it yourself, that's fine, but please, remember to do it. If you are not aware, a humidifier keeps your wood floors and wood furniture from drying out and shrinking. It also is good for your health and saves you money by allowing you to keep your thermostat a few degrees lower while keeping you more comfortable. Also, furnace filters need to be replaced now and once a month during heavy use months. Leaving a dirty filter in place will cause problems and cost you a lot of money. These are very small investments that pay back big dividends.

We just finished attending a seminar on detecting cracks and holes in heat exchangers by one of the countries most respected authorities on the subject. We were surprised to learn how many furnaces had developed cracks that were only a year or two old. It is not our desire to give everyone bad news, but finding potentially life-threatening problems while they are still small is in your best interest. Do not think that because you have fairly new equipment that you can forget about maintaining it for a few years. That just isn't the case anymore.

Regards,

Larry

### Special Points of Interest

- Shop Online-Safely
- Cabin Fever
- What All Does DuAll Do?
- Winterizing Yourself

*Our philosophy is quite simple: We treat our customers as we would like to be treated. We are respectful, courteous, and above all, honest.*

## YOUR MONEY

## Shop Online, Safely

With the cost of rising gasoline prices more people are using the convenience of shopping online. But, even the most experienced might not know the ins and outs of safety. Here is some good advice:

- Use a credit card, not a debit card. If a criminal steals your debit card number, your bank account could be cleaned out, causing you trouble and expense.
- For extra fraud protection, sign up for Master Card's SecureCode or Visa's Verified by Visa. These are password challenge programs for online shopping.
- Get an email shopping address. Create a new address just for shopping. Add "buy" or "shopping" to

our current email for use at online stores. Most cable internet providers offer subscribers the option of creating more than one email address.

One advantage to the shopping address: your inbox will not be filled with ads and special offers from every store where you make a purchase. Their ads will go to your shopping address where you can easily check them out and delete.

A disposable email address is another option. Free services let you create a temporary address. They forward mail from that address to your real one.

Paypal and Ebay don't want you to update your password or credit card infor-

mation. If you receive an email requesting you do, DON'T.

How are you addressed in an email. If the email calls you "our valued customer" or something similar, and does not address you by name, chances are the email is fake.

Verify that no such email is from Paypal or Ebay by going to your browser, open a new window, type "paypal" or "ebay" into the address field, and enter. Log into your account and see if the company is asking for information.

Remember, never click on a link from an email. If the email is fake, you will be taken to a fake site and anything you type in from there will be captured by a criminal.

## YOUR BODY

## Cabin Fever

The long and dreary days of winter are just around the corner. Don't let cabin fever get you down. Here are some tips and activities to get you and your family through the winter blues.

- **TAKE A CLASS** Whatever your interest there is bound to be a class to help you learn more about it. You can find lots of interesting and inexpensive classes at your local colleges and park districts.
- **CLEAN A CLOSET** Winter days can be the perfect time to work on special chores. Paint it a nice color, get new shelving, discard the oitems you no longer wear. This can give you a real sense of accomplishment.

- **PAMPER YOURSELF** Take some time to visit a spa. Facial? Manicure? Or Pedicure? All sound good to me. Don't have the time? Turn your bathroom into a private spa for an hour. Load the tub with

your favorite sense, light some candles and put on soft music for instant relaxation.

- **GET SOME EXERCISE.** 30 minutes of exercise three time a week can help fight depression. Some of the best classes are offered through your park districts.

Look for the indoor team sports and make sure to sign up the kids. Kids need to keep active during the winter months too.

- **BE A TOURIST WITHOUT LEAVING TOWN** Haven't been to a museum in awhile? The Chicago area is one of the best in the nation when it comes to great museums. Museums are fun for the whole family and educational but, don't tell the kids.
- **THINK SPRING** Spend an afternoon among the blooms at the Arboretum in Lisle or at the botanical gardens downtown Chicago. Bring home a bit of spring to brighten the house with a bouquet of flowers - a nice way to boost your spirits.
- **RECHARGE THE FAMILY** Try a new indoor water park hotel for a summer-like experience in the

## Tips to Save Energy

- Using a fireplace sends valuable heat up the chimney. Reduce the heat loss by installing glass doors
- Run your major appliances such as washer, dryer, dishwasher and pool/spa motors during non-peak electrical hours, generally after 8 p.m.
- Turn off the "heat dry" feature of your dishwasher. Then, when the load is finished open the door and let the dishes air-dry on their own.
- Add an extra blanket for warmth and turn down the furnace while sleeping.

## Consumer Information

### What All Does DuAll Do?

It has been brought to my attention that some of our customers are not fully aware of all the services that we at DuAll Heating and Cooling offer. So, for all of you who don't know, let me tell you. Besides doing complete heating, humidifying, and air conditioning repairs, replacement service and maintenance, we do "Fossil Fuel" reports for the Village of Bolingbrook's rental property program. We repair and replace water heaters, including changing to "on-demand" water

heaters. We also offer full service duct cleaning. I say full service as we see the coupons that are getting circulated with cheap offers that do not include everything connected to the ductwork. Most do not include cleaning the returns or main trunk lines. Read the fine print. The returns are, in fact, the part of the ductwork that gets the most accumulation of dirt. It is the return that you see in all the ads, showing the

### Quick Tips

Use a dry blackboard eraser on a dry window or mirror after cleaning to banish any streaks you've left behind!

"before and after" photo. We feel our prices are fair and our work thorough. It takes more time than most people realize to do the job properly. And properly, is the only way DuAll does any job. So give us a call when you need any of these services.

## DuAll in the Community

### Pathway's Parade

This year, at DuAll Heating and Cooling, we decided not to put together a float for the annual parade, but to join forces with one of my favorite organizations, the Illinois Aviation Museum. We gave away over 1,000 DuAll mini frisbees, tossed from the cockpit of the soon-to-be-refurbished T-33 Air Force Jet. It was and always is, a lot of fun, to see the smiles on all of the kids faces. Next year, when the Jet is refurbished in a US Thunderbird paint scheme, we hope to have it in the Naperville and Romeoville annual parades as well.



## Your health

### Winterizing yourself

What can you do to make coping with winter easier on your lungs and on your general health as well?

**First** of all, cold weather, particularly extreme cold, can cause shortness of breath. A good way to avoid this effect of cold air is to cover the mouth and nose when spending time outdoors. A scarf or other covering can help to warm the air before it enters the nostrils and mouth.

**Next** take the measures your physician recommends, such as flu shots, early to avoid exposure to the virus's that cause this illness.

**Another** suggestion is to keep your home evenly warmed, block drafts. While there is no scientific proof that cold air is the cause of breathing difficulties, it has been proven that temperature does have an effect in some people.

**Dress** warmly if going outside. Wearing layers of clothing will keep you warmer than single layers. The air space between the layers will provide insulation in the case of extreme cold. Also, wearing a head covering is important. Heat is lost through the scalp, so a head covering can help retain the body heat and therefore make you more comfortable.

**Take** supplements such as vitamin C and zinc to help keep your resistance up. When your natural resistance drops, you become more susceptible to illness. These over-the-counter products, when taken with medical advice, can help keep you healthy.

**Finally**, use a humidifier to help add moisture to the air. Dry, cold air can dry out the lining of the nostrils and mouth, therefore causing breathing difficulty.



Winter is a great time of year, hopefully these tips keep you healthy enough to enjoy it.

# Your Comfort Solution

Ideas To Improve Your Home Life

## DuAll Heating & Cooling

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DuAll Heating and Cooling is a family owned and operated business based in Bolingbrook, Illinois. We are licensed, bonded and insured. We service all types of furnaces, air conditioners and water heaters. We currently install Amana, Ruud, Weatherking, Goodman and Trane Heating and Air conditioning equipment. These companies offer our customers the most value and best warranties. Indoor air quality is a very serious issue. DuAll is constantly learning new ways to improve our customer's living space. One way is through **duct cleaning**, which we now offer. Our customers reside in Naperville, Bolingbrook, Woodridge, Lisle, Downers Grove, Lemont, Plainfield and other surrounding communities. Our philosophy is quite simple: We treat our customers as we would like to be treated. We are respectful, courteous, and above all, honest.

DuAll is a member of the Bolingbrook Chamber of Commerce.

## ON THE LIGHTER SIDE

The 22nd and 24th Presidents of the United States had the same mother and father, but they were not brothers. How can this be?

Answer: They were the same man, Grover Cleveland

## continued

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Automatic timers and remote controls make the outdoor lighting system very convenient for the homeowner. Timers automatically turn on outdoor lighting at a given time, and remote controls allow the homeowner to turn lights on from inside or outside the home. Remote controls run on batteries and use FM frequencies.

No matter what you choose any outdoor light or lighting system intended to aid in security should have a switch in a convenient location away from the light. You don't want to walk all the way to the basement or garage to turn on a light when a prowler is trying to break through that door.

**DuAll**  
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## Referral Coupon

A gift of a \$10.00 discount for a friend as a new customer for an emergency service call **OR** \$100.00 discount on a new furnace or air conditioner installation.

The person giving this certificate will also receive a discount of \$10.00 off their next service call.

Given by \_\_\_\_\_